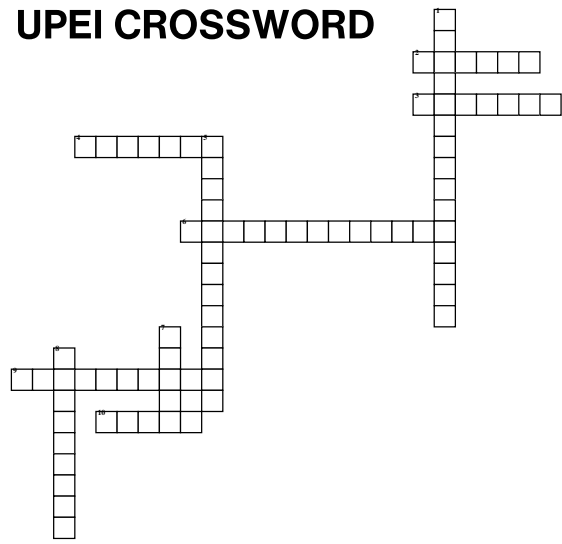


UPEI CROSSWORD



Across

- [2] Name of the restaurant at UPEI's Bell Aliant Center
- [3] The UPEI sports team animal
- [4] Name of the cafe at the Robertson Library
- [6] Current UPEI building under construction
- [9] Number of student-assessable buildings on campus
- [10] Number of continents to which panthers are native to

Down

- [1] The oldest standing building on campus
- [5] The building in which the UPEISU resides
- [7] Official name of the UPEI sports team mascot
- [8] Newest type of building on campus



By: Devon Thistle
Managing Editor

THE CADRE HOROSCOPE

♈ ARIES

(March 21 - April 19)

This week, your determination levels are off the charts. You'll be bulldozing through assignments like a champ. Just don't forget to take breaks and let loose. Your study playlist might need a dance break!

♉ TAURUS

(April 20 - May 20)

Whether you're an aspiring painter, writer, or photographer, this week is all about unleashing your creative side. Sign up for an art class, start a blog, or capture the world through your lens. Your artistic expressions will inspire and captivate others.

♊ GEMINI

(March 21 - April 19)

Networking opportunities abound this week. Join clubs, attend virtual conferences, and connect with fellow students who share your passions. Your charismatic personality will open doors and create valuable friendships along the way.

♋ CANCER

(June 21 - July 22)

Get ready to unleash your wit and sassiness on the world. Your sassy comebacks and quick thinking will have everyone laugh. Use your humour to uplift others and spread joy wherever you go.

♌ LEO

(July 23 - August 22)

Communication is key, Leo! This week, your confident and charismatic nature will be on point. Use your gift of gab to express your ideas, negotiate deals, and make important connections. Speak up and let your voice be heard!

♍ VIRGO

(August 23 - September 22)

Attention to detail is your superpower, Virgo. This week, put those organizational skills to good use. Colour code your notes, alphabetize your bookshelf, and create a study schedule that would make Hermione Granger proud.

♎ LIBRA

(September 23 - October 22)

Get ready to shine in group projects, Libra! Your natural ability to bring people together and find harmony will be an asset in collaborative efforts. Your diplomatic skills will be admired by both peers and teachers.

♏ SCORPIO

(October 23 - November 21)

This week you will conquer your goals with laser focus. Your determination and perseverance will lead to significant breakthroughs in your academic or career endeavours. Channel your inner strength and watch as your hard work pays off.

♐ SAGITTARIUS

(October 23 - November 21)

Open your mind to new knowledge and embrace the thrill of learning. Let your curiosity guide you as you uncover fascinating tidbits in every subject. Your thirst for knowledge will take you on exciting intellectual journeys!

♑ CAPICORN

(December 22 - January 19)

This week, break free from routine and embark on a quest for excitement. Try out a new hobby, explore a hidden corner of your campus, or challenge your friends to beat you in Mario Kart. Your curiosity will be rewarded!

♒ AQUARIUS

(January 20 - February 18)

Embrace your unique perspective and think outside the box in your studies. Fuel your imagination, explore unconventional ideas, and bring innovation to your projects. Get ready to make waves and revolutionize the academic world!

♓ PISCES

(February 19 - March 20)

This week, the tides of emotion are calling out to you like a siren's song. Dive into the depths of your imagination and let your creativity flow like a majestic river. Whether it's writing a heartfelt poem or painting an ethereal masterpiece, trust your intuition and let your emotions guide you.

We want to hear **YOUR VOICE!** Do you have something to say?
WANT TO SEE YOUR WORK ON THE COVER?

Submit your piece to The Cadre!

Deadline for the next issue: *Thursday, Sept. 21*

Send it to: cadreeditor@gmail.com. Email title: Submission to The Cadre

We take: *campus news, rants, opinions, student event announcements, artworks, photography, anything you want to share as a UPEI student!*

The two students who have the most amount of published submissions in The Cadre will receive \$150 each and a pat on the back!

UPCOMING EVENTS

S	M	T	W	T	F	S
17	18	19	20	21	22 5pm: Women's Soccer vs Memorial Home Game 7pm: Women's Ice Hockey vs Saint Mary's at Glace Bay NS 7:15pm: Men's Soccer vs Memorial Home Game	23 2pm: Women's Rugby vs STFX Home Game 12pm: Women's Cross Country at Acadia 6pm: Corn Boil 2023
24 1pm: Women's Soccer vs UNB Home Game 3:15pm: Men's Soccer vs UNB Home Game 2pm: Men's Basketball at UNB	25	26	27	28	29	30

THE CADRE

WE'RE BACK BABY

VOL
22
ISSUE
01

cadre /'kɑdrē/ **1.** A nucleus or core group of trained personnel. **2.** A framework, outline, or scheme.



By: Promise Ojo

EST. '69

YOUR GUIDE TO SURVIVE UPEI



By: Grace Biswas
Editor-in-Chief



BONUS RUBRIC:

Win over your prof!

Professor Impressions: Acquiring the art of impressing a professor may seem as challenging as deciphering hieroglyphics, but fear not! Here are a few tips:

- 'Apple-polishing' 2.0: While offering an apple to your professor might seem outdated, try sharing an interesting fact related to their subject instead. Think of it as intellectual apple-polishing. Not that many students try hard to kiss ass, so they will appreciate it when you do!
- Name Memory: Remembering a professor's name can win you brownie points. But calling them by their first name in a lecture? That's a surefire way to leave a memorable impression (though we can't guarantee it'll be a positive one).
- Office Hours: Frequent visits to office hours might seem overzealous, but remember, persistence is key. They might start remembering your name, if only to wonder why you're there... *again*.

Keep your sense of humor, and you'll have a great time at UPEI!

Navigating the Jungle of Campus Resources:

Don't be shy to raid the treasure trove of resources scattered around the campus. Robertson Library isn't just for pretending you're studying in public or "meet cure", it's actually stacked with knowledge-filled items called books. For those "I shouldn't have eaten that" moments, the UPEI Student Health Centre is ready to serve.

And for our international comrades, the International Relations Office is there to make sure you don't feel like you've landed in the middle of God-knows-where (spoiler alert: you are).

Lights, Camera, Campus Life:

From the geeky academic societies to the sweaty sports clubs, UPEI is a circus full of exciting acts! Joining one is a sure-fire way to grow your Instagram followers and add a few lads to your stalker Snapchat map, master some cool party tricks, and feel more connected to the university.

The Sweet Taste of Academic Success:

Get cracking on your coursework, but if you stumble, there are academic advising and tutoring services ready to catch you. Remember, at UPEI, it's okay to ask for help.

The faculty and staff are like friendly neighbourhood superheroes, almost always ready to save the day... if you ask them nicely. During their office hours. Whenever they are morally ready to help you. And the planets align during the solar eclipse. Anyways, you got it.

The Art of Budgeting Wisely

Managing finances is a tricky business when you're a student. Thankfully, with student discounts, you can now enjoy two ramen packets for the price of one!

And for extra help, the UPEI Student Union is like a walking, talking encyclopedia on financial aid and scholarships, so get in line and hope they will have time to get back to you.

Remember, university life isn't just about studying, it's about making memories, forming bonds, and most importantly, finding the best coffee shop on campus.

UNOFFICIAL SURVIVAL TIPS:

While we're at it, here are some unofficial tips to keep you prepared for your university life.

Textbook Time: Don't be too quick to buy all your textbooks brand new. Wait until you're a few weeks into the course. You might find that some textbooks are as useful as a chocolate teapot. In a rare occasion you can't find the textbook online and you actually need it, check Kijiji, Facebook Marketplace as well as Bookman and Book Emporium. Sometimes, they carry donated student textbooks.

Laundry Lessons: You'll soon discover that there's a direct correlation between the time spent in university and the ability to wear the same hoodie for an entire week without anyone noticing. Also, 'laundry day' is just a code phrase for 'I've run out of clean underwear.'

Napping Nooks: Master the art of power napping in public spaces. Libraries, cozy corners in the student union building, even park benches—opportunities are everywhere. After all, who needs a bed when the entire campus is your bedroom?

Dining Hall Delights: Remember, the university dining hall is not just a place to eat; it's a culinary adventure! Brace yourself for the mystery meat Tuesdays, where dinner becomes your very own episode of 'Fear Factor'.

University is not just about learning; it's about navigating the social labyrinth with style and a sense of humour!

Sincerely,
your soon-to-be-beloved Editor-In-Chief,
Grace Biswas

MORE THAN A CAMPUS TOUR:

UPEI NSO Through Freshman's Eyes



By: Grace Biswas
Editor-in-Chief



1. (L-R): NSO Coordinator Obed Oluwakoya, psychology freshman Smriti Khatri, NSO Coordinator Chloe MacAdams
2. (L-R): NSO Coordinator Obed Oluwakoya, a Denmark exchange student Maria Linderberg, NSO Coordinator Chloe MacAdams



Check out this event presented by Engineering society!

WHAT'S NEXT AFTER CHAT GPT?



By: Syed Imran
Managing Editor

At UPEI, we're all about making connections and building community. The welcoming atmosphere on campus is a testament to the concerted effort put forth by both new students and volunteers. Not only are these events super fun, but they're all about getting newbies to feel like they're part of the UPEI family from day one.

Expectations for the orientation week are high each year. But, at the heart of it all, it's about creating an atmosphere where new students can bond, form lasting memories, and have a proper good time. Who knows, you might even bump into your new bestie!



That's why even the closing ceremony is kicking things off with a bang during orientation week. Music and laughter are filling the MacMillan Hall, charcuterie-style snacks and tiny triangular sandwiches are disappearing from the trays.

And it's not just the university bigwigs who run the show. Nope, we've got plenty of students who've been around the block a few times, helping out and guiding the fresh faces.

One such student, who began her journey five years ago as a participant, has steadily climbed way to now serve as the event coordinator. Chloe MacAdams story is one of many, showcasing the progression and personal growth that UPEI fosters among its students.

"My biggest expectation is for people to bond, maybe even meet another new person that they haven't met before, to take away some memories from this wonderful week and be able to remember the whole university and remember the first NSO, just like I did. And just take some friends along with them," shares Chloe as students are buzzing on the edge of their seats, waiting for the NSO award announcements.

This was the case for Smriti Khatri, a freshman psychology major from Nepal who won "the most enthusiastic" participant during NSO 2023.

For Smriti, NSO kick off was an opportunity to feel like she belongs.

"I met a lot of people at NSO. I came alone so I didn't have connections with anyone before. But I know a lot of people now, a lot of people from different countries."

Smriti even met a neighbour from her native village in Nepal!

"It's definitely a small world. And I will definitely volunteer in the NSO events next year."

Maria Linderberg, a Denmark exchange student specialising in engineering and biotechnology didn't want to waste an opportunity to get to know people, as her time on the Island is limited.

"I attended as many events as I could because I wanted to know people and the campus because I'm here only for four months. It's so much fun! I'm so glad I did it. I got to meet so many interesting people and it's such a fun way to start your year."

And it seems like the other students at NSO also noticed her excitement, as she eagerly walked on stage to receive her "cheerful cheerleader" award.



So yeah, UPEI NSO isn't just about showing you where the library is.

It's about having a blast, meeting amazing people, and starting your university journey on a high. This is one week new students will remember for the rest of their lives.

Chat GPT has revolutionized the AI industry. From answering questions, writing essays, or even tackling complex programming codes, Chat GPT has certainly been a lifesaver for students. While there are still debates on using Chat GPT ethically for school work, another important question arises: what's next?

Future GPT versions could provide more personalized and relevant responses to your questions. Imagine a chatbot that analyzes your mood based on various factors and suggests a place to visit to liven your mood. It might even venture into predicting weather patterns or sports game outcomes, armed with

data analysis. Chat GPT is also being trained to improve its accuracy as well as ethical considerations of the responses. We may also see advanced GPTs assisting us in solving complex mathematical problems, which isn't a feature in the current Chat GPT-4 version.

Nevertheless, it should also be emphasized that GPT is still a developing technology and we can't fully rely on its responses. Being a Gen Z Geek, it is important to test out these rising technologies, but never rely on them for your assignments. Especially if it is a math assignment.